TAF TRAVEL · TOUR INFORMATION

Mount Damavand & Tehran 7-Day Tour

Duration	7 days
Difficulty	3/5 · Demanding
Participants	6 people minimum · up to 12 people
Season	June–September

Current status: TAF Travel is currently unable to operate Mount Damavand tours because of the current political situation in Iran. Departure dates have been removed, and we are not accepting reservations for these programs at this time.

Day-by-day program

Day 1 – Arrival in Tehran

Arrive at Imam Khomeini International Airport, transfer to the hotel, check in, and rest. Accommodation: Razzaz Boutique Hotel.

Day 2 – Drive to Jochar Camp

Travel via the Haraz Road to Nandal village, then continue to the portable Jochar Base Camp at about 2,800 metres. Accommodation: Jochar Camp. Meals: breakfast, lunch, and dinner.

Day 3 – Ascent to the advanced camp

Drive to the trailhead by pickup and trek for approximately 5–6 hours to the Damavand Advanced Camp at about 4,350 metres. Mules carry the main luggage. Accommodation: advanced camp. Meals: breakfast, lunch, and dinner.

Day 4 – Summit day

Ascend Mount Damavand at a steady group pace, visit the crater and sulphur fumaroles at the summit, then return to the advanced camp. Hiking time: about 12 hours round trip. Meals: breakfast, lunch, and dinner.

Day 5 – Descent and return to Tehran

Descend to the route start, collect the luggage, transfer to Nandal, and continue to Tehran. Accommodation: Razzaz Boutique Hotel. Meals: breakfast and lunch.

Day 6 – Tehran city tour

Visit the National Museum, Golestan Palace, the National Jewelry Museum when open, and the Grand Bazaar. Accommodation: Razzaz Boutique Hotel. Meals: breakfast and lunch.

Day 7 – Departure

Transfer to Imam Khomeini International Airport for your return flight. Meal: breakfast.

Program Changes

Although every tour is carefully planned, unforeseen circumstances may require changes to the itinerary. These may include weather conditions, changes in local regulations, political decisions, access restrictions, or participants' health and safety needs.

Whenever possible, TAF Travel will adapt the itinerary while preserving the main character of the trip. If the original program cannot reasonably be carried out, we will make every effort to arrange a suitable alternative of comparable quality, subject to local conditions and availability.

Participants' safety remains our priority. Any necessary changes will be communicated as clearly and promptly as possible.

Included services

- English-speaking mountain guide
- Daily meals and snacks according to the program
- Dining, kitchen, and toilet tents for private camps
- Cook and experienced support staff
- Private air-conditioned vehicle and experienced driver
- Mules for luggage, with a maximum 15 kg pack per person
- Pickup vehicle for the unpaved mountain road
- Mount Damavand permit fee, VAT, and other listed taxes

Excluded services

- Visa fee
- Tips for staff and drivers
- Additional nights or camp nights beyond the itinerary
- Insurance
- International flights and airport fees
- Personal climbing equipment, including sleeping bags
- Individual transfers, accommodation changes, and personal expenses
- Unexpected events, weather-related costs, or evacuation costs
- Single-room or single-tent supplement

Terms and conditions

- A non-refundable deposit is due at booking: 25% of the tour price without a flight ticket, 50% with a flight ticket.
- For a cancellation 15 days or less before the tour starts, 75% of the total tour price on the invoice is payable.
- For flights, the airline's conditions apply. Paid flights are not reimbursed by TAF Travel.
- Price changes can follow currency fluctuations. No price increase applies within 20 days of departure; if a price rises by more than 5%, you may withdraw free of charge.
- If the minimum number of participants is not reached, TAF Travel may cancel up to 2 weeks before departure and refunds the tour price.

Full terms and conditions: https://www.taftravel.com/terms-and-conditions

Possible itinerary changes

Mountain and travel programs depend on conditions that cannot be fixed in advance. The guide or TAF Travel may change the order of days, camps, overnight stays or the route, or cancel parts of the program, for these

reasons:

- Weather, snow, wind or avalanche conditions
- Safety assessment by the guide on the day
- Health and acclimatization of participants
- Permits, national park, border or government regulations
- Road access, transport, flight schedules and local conditions
- Unforeseeable events beyond TAF Travel’s control

The confirmed program and the guide’s instructions apply. Saved expenses are reimbursed when parts of the program are cancelled for safety reasons.

Equipment list

Essential personal equipment

- Passport and a copy stored separately
- Travel insurance that covers the route, rescue and evacuation where relevant
- Personal medication and any prescription details
- Comfortable daypack for water, layers and personal essentials
- Water bottles or hydration system sized for the day
- Headlamp with spare batteries
- Sun hat, high-SPF sunscreen and lip protection
- Glacier glasses or ski goggles with reliable UV protection
- Waterproof jacket and overtrousers
- Layered clothing with a warm mid-layer and insulated jacket
- Warm hat, neck protection and gloves with a spare pair
- Mountaineering boots compatible with the confirmed crampons
- Spare walking socks and a dry base layer

Recommended or optional

- Trekking poles suited to uneven ground
- Cold-rated sleeping bag for high camps; confirm the comfort rating with the team
- Thermos for early starts and cold camps
- Personal energy snacks for long walking or summit days
- Dry bags or waterproof protection for clothing and electronics
- Light shoes or sandals for accommodation and rest

TAF Travel provides or arranges

- No current support package is active; any future gear and logistics must be reconfirmed

Rent or confirm with the team

- Personal Damavand mountaineering equipment and technical items, only as confirmed for the route

TAF Travel contact

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